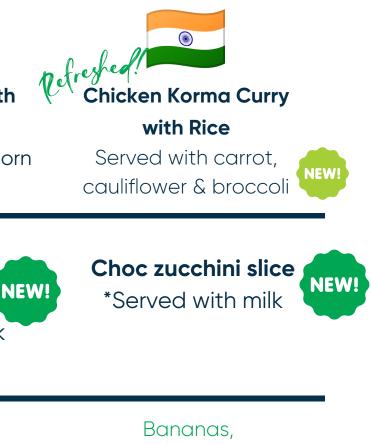
Meny H

Morning Tea	Mon *Cheese & water crackers *Served with milk	Tue *Natural sweetened yoghurt	Wed *Rice crackers with *hommus Dip	Thu *Pikelets with *Nuttelex
Lunch	Tuna Bake topped with cheese Served with Broccoli	Chickpea hot pot with couscous Served with Corn on a cob	Chicken Creole with pilaf rice Served with spring greens	Beef Stroganoff with bowtie pasta Served with peas & cor
Afternoon Tea	Pizza veggie scroll	Tropical banana, pineapple & mango loaf	Green goblin spinach and basil damper *Served with milk	Mini sultana bread *Served with milk
Daily Fruit	Red & Green Apples, Pears, Oranges, Carrots, Cucumber	Red & Green Apples, Pears, Oranges, Carrots, Cucumber	Red & Green Apples, Rockmelon, Bananas, Carrots, Capsicums	Red & Green Apples, Rockmelon, Bananas, Carrots, Capsicums



*Corn Thins with *Smashed Avocado



٦,

Apples, Watermelon



11 eny (13









Meny C

Morning Tea	Mon *Corn Thins with *Smashed Avocado *Served with milk	Tue *Crackers with *hommus Dip	Wed *Cheese & *crackers	Thu *Pikelets with *Nuttelex
Lunch	Served with carrot, cauliflower & broccoli	Fish & chips Served with broccoli	Chicken, *avocado, *cheese & *cucumber wraps Served with carrot batons	Protein packed mac'n cheese Served with corn on a cob
Afternoon Tea	Pineapple pizza veggie scroll	Apple cinnamon muffin *Served with milk	Tomato & herb damper *Served with milk	Refreshed Mini apple & blueberry loaf *Served with milk
Daily Fruit	Red & Green Apples, Pears, Oranges, Carrots, Cucumber	Red & Green Apples, Pears, Oranges, Carrots, Cucumber	Red & Green Apples, Rockmelon, Bananas, Carrots, Capsicums	Red & Green Apples, Rockmelon, Bananas, Carrots, Capsicums





*Natural sweetened yoghurt





Butter chicken Served with peas & corn



Bananas, Apples, Watermelon



Meny D

Morning Tea	Mon Refreshed *Greek yoghurt banana	Tue *Cheese & *crackers	Wed *Corn Thins with *Smashed Avocado *Served with milk	Thu Veggie pizza scroll
Lunch	Beef nachos Served with peas & corn	Delicious Dahl with turmeric rice Served with carrot, cauliflower & broccoli	Bangers & mash with gravy + wholemeal bread Served with spring greens	Rainbow pasta bake Served with peas & cor
Afternoon Tea	Smurf blueberry scones	Peach muffin *Served with milk	Apple cinnamon scroll	Refrey Wholemeal oat & choc cookies *Served with milk
Daily Fruit	Red & Green Apples, Pears, Oranges, Carrots, Cucumber	Red & Green Apples, Pears, Oranges, Carrots, Cucumber	Red & Green Apples, Rockmelon, Bananas, Carrots, Capsicums	Red & Green Apples, Rockmelon, Bananas, Carrots, Capsicums





*Spicy fruit muffins with *Nuttelex



