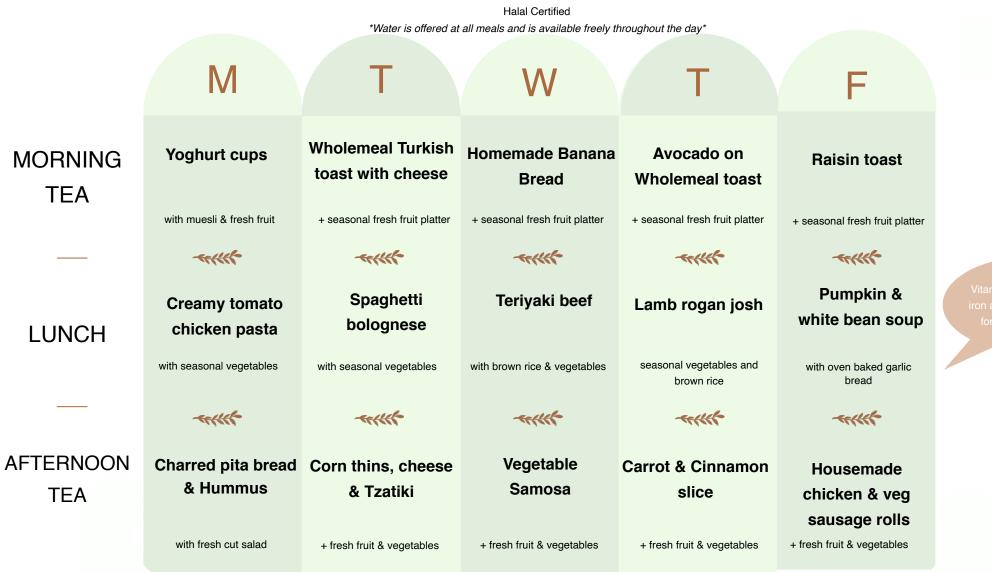
SAMPLE MENU- WEEK 1

CHILDREN WITH FOOD ALLERGIES AND INTOLERANCES ARE PROVIDED WITH SUITABLE NUTRITIOUS ALTERNATIVES.



A variety of fruit & vegetables in a Child's diet is very important- We ensure children are offered the freshest selection of seasonal fruit & veggies, every day to meet their daily recommended requirements!

This menu has been created on the basis of children having a high iron breakfast cereal/ wholemeal toast and an additional cup of milk to fulfil the daily serve requirements recommended.